MUNAY-KI
A journey into a MYSTICAL UNIVERSE

Cissi Williams explored the teachings of the Munay-Ki on a course held in Glastonbury, a place shrouded in mystery and legends, where it is believed that the archetypical energies are strong and the veils between the worlds are thin. But what are the Munay-Ki rites, and is there really a sacred energy in Glastonbury?

THE MUNAY-KI are nine rites of initiation of the Shaman’s path of the Q’ero nation, which are the indigenous people of the sacred mountains of the Andes in Peru – a tribe of 600 who sought refuge from the conquering conquistadors at an altitude of 14,000 feet and are believed to be descendants from the Incas. These indigenous people were the Laika, the medicine men and women, and for 500 years they had preserved their sacred wisdom and medicine, living in virtual solitude from the world. That is until the signs from their ancient prophecy had come true – that the time had now come when the world would be turned right-side-up and harmony would be restored. These signs were that the high mountain lagoons had dried, the condor was nearly extinct and the Golden Temple had been discovered (which happened in 1998 following an earthquake underneath a monastery in Cusco, Peru).

These prophecies refer to the end of an era – a death of our old way of being and relating to each other – and the birth of a new consciousness, allowing us to emerge into a golden age, a golden millennium of peace.

The Q’ero are now releasing their ancient teachings to the West, in preparation for the day the Eagle and the Condor fly together again. The eagle represents our intellect, and the condor represents our heart (as the condor does not eat any live prey, it is considered to have a very open heart). The prophecy actually holds that North America will supply the physical strength, Europe will supply the mental focus (eagle), and the heart will be supplied by South America (condor).

It is said that the Munay-Ki rites were first given to ancient teachers by angelic beings, and that now they can be passed on from teacher to student in the form of invisible seeds of light, allowing us to shed old karma and ancestral pain, and heal old energies.

The prophecy actually holds that the time has now come for the Munay-Ki rite to be shared with others in the world. It is believed that when you receive the Munay-Ki rites, you are connected to a lineage of archangels that are guardians of our galaxy, and you can call on them in order to bring healing to any situation. It also helps to lift you from your earth-bound existence enabling your spirit to soar free.

The rites are given through an attunement healing process, during which you receive the healing and also the transmission. The rites will clear your energy field of the heavy energy from past traumas, causing your chakras to glow with their original radiance. Your energy then becomes of such a high vibration that you can more easily hear the guidance from the spirit world.

THE NINE MUNAY-KI RITES:

HEALER RITE activates your innate healing ability and connects you to healers from the past, who can assist in your personal transformation on your path of evolution.

BANDS OF POWER RITE weaves five luminous belts into your energy body field, which act as filters, helping to break down negative energy so you are not affected by it. In a world filed with fear, these bands provide essential protection.

DAY KEEPER’S RITE connects you with master healers of the ancient times and helps you heal your inner feminine, bringing you into harmony with Mother Earth.

HARMONY RITE gives you seven shamanic archetypes, one for each chakra. In the first chakra you receive the archetype of the serpent, helping you to shed the old; in the second chakra you receive the archetype of the jaguar, so you can heal old karma and ancestral pain; in the third chakra you receive the hummingbird, helping to connect you with your soul’s journey; and in your fourth chakra you receive the eagle/condor, so you can fly wing-to-wing with spirit, with an open heart. Then, three ‘archangels’ go into your upper three chakras, which are

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SEER’S RITE installs pathways of light, which connect the visual cortex at the back of your head with your third eye and heart chakra. This helps you to see through the eyes of your heart and perceive the invisible world of spirit.

WISDOM KEEPER’S RITE helps you heal your inner masculine and step outside of time and into infinity.

EARTH KEEPER’S RITE connects you to a lineage of archangels that are guardians of our galaxy, and you can call on them in order to bring healing to any situation. It also helps to lift you from your earth-bound existence enabling your spirit to soar free.

CREATOR RITE helps to awaken the God-light within you, so you can discover how spirit works through you, helping you to become a conscious co-creator with the divine.

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awei to the mystical land was just too strong. I was shown the answer to my quest and reassured I was not just too strong. I was shown the answer to my quest and reassured I was not going mad, and that in fact I had visited Avalon many times before, just not in this lifetime.

A few hours later, during one of the initiation rites, I was being shown a past life memory when I had been burned as a witch, which had caused me to place an energetic heavy metal chain over my throat, to stop me from speaking my spiritual truth. Again, my conscious mind tried to protest against what was happening, but my body was fortunately weaker than my mind, and it started to shake, with tears flowing down my face. It felt as if a dark, heavy energy was being exerted out of my very being. Afterwards I felt incredibly light, and if I had had any doubts before whether these rites worked or not, I certainly had now received my answer. They definitely work!

The Black Madonna

Another powerful experience was when we were being guided to meet the Black Madonna. I had never before worked with the Black Madonna (or so I thought), but as I started to go inwards, into the darkest places within me and observe and identify what was there, by acknowledging the shadows I found, by embracing the emotions I was feeling, I could feel how ‘She’ was there, holding me, comforting me, and loving me, with complete acceptance and forgiveness.

I realized she has been with me for a long time. She is the divine feminine that lives in the dark, who has soothed my being in my darkest hours. She is the loving presence that has rocked me to sleep and wiped away my tears. She is the gentle voice that has whispered loving words into my ear when I felt I could not go on any longer. I realized she had been with me in my deepest and darkest depressions, in my despair and inner turmoil, and she had always, always loved me.

The Black Madonna showed me what I needed to heal — it was as if I was sitting with her in a sacred inner sanctuary, where a little candle was lit, and she was bringing into my awareness people I needed to forgive, aspects of myself I needed to embrace, and actions I needed to atone for. Even my pets that had now passed over were there, allowing me to say goodbye and make amends. It was as if wave after wave of pain, guilt, regret and deep sorrow would wash through me, and for each wave, she was there, holding me, supporting me, accepting me, and giving me the space I needed to heal my inner darkness. Then the waves stopped, and I felt totally cleansed. And at peace.

I realized through that experience that there is a divine feminine that exists in the light, which helps us to connect with the divine light and with our spiritual truth, but that there is also an aspect of the divine feminine that lives in the dark, and she too is a great healer. She is the one that holds us in our grief and embraces us when we feel low. She is the one that helps us heal our shadows, our fears and that which is hidden, so we can allow our inner love to reach even deeper places. Both aspects of the divine feminine, the light and the dark, are needed in order to help us heal, and I could see how the Black Madonna had been present with me for a very long time — I just had not been able to name her presence before.

The Chalice Well

On the last day, we visited Chalice Well, also known as the Red Spring, which is situated at the foot of Glastonbury Tor. This holy well has been in use as a place of meditation, reflection and healing for over 2000 years, and you can feel the sacred energy that dwells here. It is even believed to be the final resting place of the Holy Grail, and in modern chakra maps of the earth, Glastonbury (and especially Chalice Well) is considered to be the earth’s spiritual health chakra.

It is said that as you look into the well you will be shown your true soul reflection, and as I stared into the soft water I could not fully believe what I was seeing, so I stared into it for a little while longer, hoping for the reflection to change. Then I heard an inner voice say: ‘Trust what you are seeing, be still and receive guidance as to what this means for you.’ And then the guidance came. It was as if I had information downloaded into my consciousness, very fast and with an incredible clarity, where I could view my life, and the consciousness of our planet and of humanity, from a higher perspective.

A journey into a mystical universe

The Munay-Ki rites take you on a journey into opening your heart and connecting you more firmly with Mother Earth and the divine, whilst clearing your chakras of past trauma and the various ways that you have blocked your inner light from shining fully, so you can more easily choose love, instead of fear. And to receive these rites whilst being in the mystical landscape of Avalon, well that is a quick way of taking you straight through into a mystical universe where everything is possible, enabling you to become a co-creator with the divine, birthing a new consciousness into being.